



EDGE SCHOOL HOCKEY ACADEMY

Academics | Athletics | Character

edgeschool.com | edgemountaineers.com

DISCOVER THE **EDGE ADVANTAGE**

MISSION: To build a culture of personal excellence in academics, athletics and character.

VISION: To make the world better by graduating students who aspire to achieve their personal best.

It's actually about graduating awesome humans.

Ask many people what makes for a life well lived, and the answer will likely include some combination of an enduring passion for something; a commitment to physical health and mental wellness; work-life balance; strong relationships; caring for others; and a visceral sense of right and wrong.

However, cultivating and nurturing that kind of well-roundedness in young people is easier said than done. There are schools that specialize in athletic excellence and others that focus on academic greatness. Some even profess to instill higher values in their students.

But finding a school that offers all three of these spheres while not diminishing any one of them? That can be a tall order. All too often, students, and their parents, are forced to choose between them.

Fortunately, it's a choice that Edge School families never have to make. We are certainly acknowledged for fully developing our students' athletic potential, but don't be fooled by the hype and the trophies. The real reason we get up every morning is to leverage our students' passion for sport into an equally compelling passion for learning, leading and personal integrity. Our balanced approach to developing the pursuit of personal excellence in academics, athletics, and character is how we create well-rounded individuals who are uncommonly equipped to succeed in all aspects of their lives.

To ensure that this happens, we have cultivated a truly one-of-a-kind school. One where teachers, coaches and support staff are highly accomplished in, and fully dedicated to, their chosen fields. However, they are even more devoted to the holistic development of each student. Our small class sizes, access to best-in-class facilities, and unique collegiate feel provide the atmosphere and individual attention so vital to unlocking the full potential of every Edge student—no matter what path they choose to take in life.

We wholeheartedly believe that our student-athletes should strive for their 'personal best' every day, in all aspects of their lives. As students, athletes and community members now, and as partners, parents, business leaders, sports figures, and global citizens in the future. As a result, Edge graduates are primed to lead vital, fulfilling lives. They are ready to make the world a better place by being the best humans they can be.

Edge School. Where a passion for sport drives a passion for learning and leading.

OUR TOP FIVE INFORMATION ITEMS

1

Our hockey staff are full-time, certified hockey coaches and trainers who work with your student-athlete for 10 months a year (minimum).

2

We operate like a 'Mini-University', which is the best process to acclimatize the student-athlete to education and hockey within the same learning environment.

3

The model of our school is: Academics, Athletics, & Character. Our goal is to graduate top end student-athletes with leadership and character skills.

4

The **academic performance** of our students and teachers places us in the top 20% of schools in the province. Student-athletes are challenged to achieve **personal excellence** in academics, and will be held to a set of individual, as well as Edge School and provincial goals.

5

All of our facilities are here under one roof, and include:

- Two NHL sized arenas: Kyle Stuart Memorial Arena and Kyle Stuart Alumni Arena, with large hockey dressing rooms
- Golf Centre with putting green and golf simulator
- Gymnasium with two NBA sized courts
- Duckett Performance Centre (DPC), a world class high performance training and fitness centre
- Four Professional Dance Studios
- State-of-the-art FIFA 2 Star Athletic Turf Field
- Edge Youth Sports Therapy Clinic
- Skate sharpening shop



With everything being under one roof, student-athletes are finished by 5:00 p.m.

EDGE SCHOOL AND HOCKEY INFO FAQS

Why become an Edge School Mountaineer?

The greatest benefit of becoming a Mountaineer is the amount of support our student-athletes receive from engaged teachers, full-time professional coaches, athletic therapists, nutritionists, sports psychologist and the expertise of our strength and conditioning staff. With everything located under one roof, Edge School is a world-class institution driven to positively impact our student-athletes. Combined with our small class sizes and our Mountaineer character-building program, our student-athletes are able to find the balance between academics and athletics while building character.

Edge School creates an unmatched holistic learning environment where our student-athletes are able to build confidence, self-esteem, positive interpersonal skills and applicable life-long values, all while rigorously pursuing academic and athletic excellence.

What is Edge School?

Edge School is 170,000 sq.ft. sports school that is designed to integrate sport into the student-athlete's daily schedule. We have eight sport academies: Hockey, Basketball, Dance, Soccer, Golf, Fitness and Multi-Sport. We also offer a Flex Program for student-athletes who train outside of Edge School.

Where is Edge School Located?

We are located on the west side of Calgary, AB across the Trans-Canada Highway from Calaway Park at 33055 Township Rd 250, Calgary, AB T3Z 1L4.

What is the male-female ratio at the school?

It varies by grade level, but we have a ratio of approximately 60:40.



STUDENTS
425+

AVERAGE
CLASS SIZE
18

GRADES
4-12



Is there busing?

Busing is available at an additional cost. There are pick-up and drop-off points that are adjusted yearly depending on the registrations for busing that year. Our three routes cover much of Calgary and might begin as far south as Okotoks, as far north as Airdrie and as far east as Chestermere.

Is there billeting available? Dorms?

There are no dorms or residences. For out of town students looking for a billeting option, the Canada Homestay Network offers a comprehensive, reputable homestay program for students. They have recently begun welcoming Canadian students along with the International students they have served for years.

How much does it cost?

For 2025-26, our tuition fees for Grades 7-12 are \$21,500 plus 4% as an annual contribution to the Edge School Foundation Endowment Fund. There is an annual \$690 student activity fee per student. For Edge School hockey players, team fees are additional and range from \$15,000-\$20,000 per year depending on the team.

Is there financial assistance?

An independent school education requires a major financial commitment. Through the work of the Edge School Foundation and many donors, we have established a Financial Aid Program to assist with tuition fees. For families who qualify, applications are submitted to a third-party provider for review, and amounts awarded can vary significantly based on application results. Contact our Admissions department for more info.

What does a day in the life look like?

To your left, you can see our Jr. and Sr. High schedules. Student-athletes playing for one of our hockey teams may also participate in "training blocks" outside of school hours. These blocks are 7:00-8:15 a.m. and 3:30-5:00 p.m. Coaches can provide more specific information.

Junior High	
Time	Period
8:15-9:15 AM	Academic Period 1
9:15-10:15 AM	Academic Period 2
10:15-12:15 PM	Sport Period
12:15-12:45 PM	Lunch
12:45-1:15 PM	LEAD
1:15-2:15 PM	Academic Period 3
2:15-3:15 PM	Academic Period 4

Senior High	
Time	Period
8:15-10:15 AM	Sport Period
10:15-12:05 PM	Academic Period 1
12:05-12:45 PM	Lunch
12:45-2:15 PM	Academic Period 2
2:15-3:15 PM	Academic Period 3

OUR TEAMS

U18 PREP
U18 FEMALE PREP
U17 PREP
U17
U15 PREP
U15

Roster sizes

U18 Prep and U18 Female Prep can carry 20 players. All other teams can carry 19 players.

Total number of hockey players

We have approximately 180 hockey players attend Edge School each year. This includes our two bantam teams, four midget teams and skill academy student-athletes.

MEET OUR COACHING STAFF

James Poole, U18 Prep
jpooles@edgeschool.com

Coaching

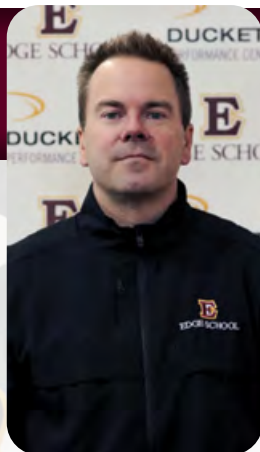
- 2017-Present, Head Coach, U18 Prep
- 2021-23, Team Alberta Coaching Staff (WHL Cup & Canada Winter Games)
- 2019, Head Coach, Alberta Cup (HA)
- 2016-2017, Head Coach and GM, Calgary Canucks, AJHL
- 2010-2016, Head Coach and GM, Okotoks Oilers, AJHL
- 2007-2010, Head Coach, CBHA Midget AAA Buffaloes

Education

- Lake Forest College, BA Business
- High Performance Level 1

Achievements

- 60+ Post-Secondary Commitments
- 2024 Western Sport School Challenge Champions
- 2024 CSSHL U18 Prep Playoff Champions
- 2023 CSSHL U18 Prep Regular Season & Playoff Champions
- 2018 St. Andrews College MacPherson Invitational Champions
- 2011, 2015, 2016, 2017 – AJHL Coach of the Year Finalist
- 2008 & 2009 – AMHL & Pacific Regional Champions
- Silver Medal – 2009 TELUS Cup National Championship
- 2009 AMHL Coach of Year
- 2008 Mac's Midget Tournament Outstanding Coach
- 2008 Mac's Midget Tournament Champions



Annette Jensen, U18 Female Prep
ajensen@edgeschool.com

Coaching

- 2021-Present, Head Coach, U18 Female Prep
- 2016-Present, Sport Life Coach, Annette Jensen Coaching
- 2020-2022, Associate Coach and Head Coach, U18AAA PWM Steelers
- 2018-2020, Head Coach, U15AA Sherwood Park Royals
- 2013-2018, Assistant Coach, SAIT Trojans Women's Hockey

Education

- SAIT Polytechnic – Architectural Technologies Diploma, Architectural Major
- High Performance Level 1

Achievements

- 2021 U18 Female Team Alberta Video Coach
- 2019-2020 Alberta Female Hockey League Bantam Elite Coach of the Year & SPKAC Coach of the Year
- 2019 Alberta Challenge South White Assistant Coach
- Advanced to the ACAC conference finals, 2016-2017 season as an Assistant Coach
- 2016 Alberta Winter Games Assistant Coach for the female Zone 4 hockey team
- 2008-2009 Nominee Southern Alberta Institute of Technology (SAIT) Female Athlete of the Year
- 2007-2008 SAIT Trojans Academic All-Star
- 2002 World Hockey Invitational Tournament, Prague, Czech Republic Most Valuable Player



Kelly Mruk, U17 Prep
kmruk@edgeschool.com

Coaching

- 2022-Present, Head Coach, U17 Prep
- 2014-2022, Head Coach, Elite 15s/U16 Prep
- 2004-2014, Head Coach, National Sport Academy, Calgary
- 2003-2004, Head Coach, NWCAA Bantam AAA Stamps
- 2000-2003, Asst Coach, Calgary Midget AAA Northstars
- 1997-1999, Asst Coach, CBHA Bantam AAA Buffaloes

Education

- High Performance Level 1
- NCCP Course Conductor
- Applied Multimedia Training Centre – Diploma in Graphic and Multimedia Design

Achievements

- Western Sport School Challenge Champions – 2023
- IHA Mid-Season Challenge Champions – 2023
- LHA Mile High Thanksgiving Tournament Champions – 2022
- Prairie Classic Tournament Champions – 2021
- Gold Medal – 2016 & 2017, Minor Midget Prospect Cup Championship
- Silver Medal – 2016, Elite 15 League Championship, CSSHL
- Gold Medal – 2003, Air Canada Cup Midget AAA National Championship
- Gold Medal – 1991, Air Canada Cup Midget AAA National Championship (player)



Rob Miller, U17
rmiller@edgeschool.com

Coaching

- 2021-Present, Head Coach, U17
- 2014-2021, Assistant Coach, Bowriver Minor Hockey (Multiple Levels)
- 2009-2010, Assistant Coach, Calgary Canucks Jr. A
- 2006-2008, Head Coach, Calgary Royals Major Midget AAA
- 2004-2006, Head Coach, Calgary Royals Minor Midget AAA Gold
- 2003-2004, Head Coach, Calgary Royals Bantam AAA Blue
- 2001-2003, Assistant Coach, Calgary Royals Bantam AA White
- 2000-2001, Assistant Coach, Calgary Royals Bantam AA Blue
- 1999-2000, Assistant Coach, NWCAA Bantam AA Bronks
- 1996-1997, Assistant Coach, Calgary Royals Bantam AAA Blue

Education

- SAIT, Journeyman Cabinetmaker

Achievements

- LHA Mile High Thanksgiving Tournament Champions – 2023
- 2006 – Silver Medal at Sutter Cup, Calgary Royals AAA Gold
- 2000 – City Championship, NWCAA Bantam AA Bronks



Leland Mack, U15 Prep

lmack@edgeschool.com

Coaching

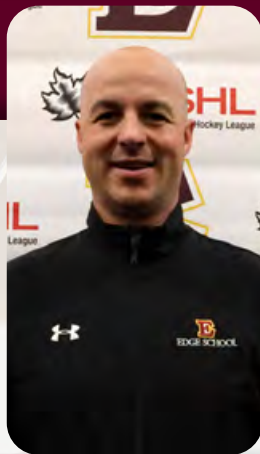
- 2024-Present, Head Coach, Edge U15 Prep
- 2022-2024, Head Coach, Edge U15
- 2019-Present, Scout, Prince George Cougars, WHL
- 2021-2022, Head Coach, Northern Alberta Xtreme U16 Prep, CSSHL
- 2019, Assistant Coach, WHL Cup U16 Team BC
- 2017-2021, Head Coach, Burnaby Winter Club U15 Prep, CSSHL
- 2017-2020, U15 Lead Evaluator for BC Hockey
- 2015, Head Coach, Team BC, U15 BC Cup
- 2013-2017, Head Coach, Burnaby Winter Club U16 Prep, CSSHL
- 2013, Head Coach, Team BC, U15 BC Cup
- 2010, Assistant Coach, U17 BC Cup
- 2009-2013, Head Coach, Great Van Canadians U18 AAA, BCEHL
- 2008-2018, Scout, Seattle Thunderbirds, WHL
- 2008, Assistant Coach, U16 BC Cup
- 2007-2009, Assistant Coach, Vancouver NW Giants U18 AAA, BCEHL

Education

- Sport Science Diploma from Douglas College
- Arts and Science diploma from Mount Royal University
- High Performance Level 1

Achievements

- U15AAA Bauer Bantam Invite Champions – 2023
- Western Sport School Challenge Champions – 2022, 2023
- CSSHL U16 Prep League Championship (NAX) – 2022
- CSSHL U16 Prep League Championship (BWC) – 2017



Alec Miller, U15

amiller@edgeschool.com

Coaching

- 2025 Alberta Cup – Assistant Coach
- 2024-Present, Head Coach, Edge U15
- 2024 Alberta Prospects Cup – Head Coach
- 2023/2024 – Airdrie Xtreme U15AAA – Head Coach
- 2022 & 2023 Hockey Alberta Top 80 Selection Camp – Guest Coach
- 2023 Alberta Cup – Assistant Coach
- 2022 Alberta Prospects Cup – Assistant Coach
- 2018-2023 – Bow Valley Timberwolves U15AA & U13AA – Head Coach
- 2018-Current Time – Hockey Skills & Development Coach
- 2010-Current Time – Goaltending Coach

Education

- Private Pilots License
- SAIT Polytechnic – Tourism Diploma
- High Performance Level 1
- Development 1

Achievements

- 2024 U15AAA Provincial Silver Medalist
- 2023 Alberta Cup Silver Medalist
- 2022 Alberta Prospects Cup Champion
- 2023 U15AA SCAHL League Champion
- 2023 U15AA Provincial Silver Medalist
- 2022 U13AA SCAHL League Champion



What other full-time staff do you have?

Athletic Therapists
Power Skating Coach
Strength and Conditioning Coaches
Mental Trainer (Sports Psychology)
Goaltending Coaches



What is the CSSHL?

In 2009, the Canadian Sport School Hockey League was launched with the vision to establish a league designed specifically for elite level student-athletes, giving these athletes the opportunities to increase their skills on and off the ice. The league has grown from eight teams in 2009-10 to 125 teams coast-to-coast and in two USA states in 2024-25.

All programs within the CSSHL are sanctioned by Hockey Canada or USA Hockey, along with their respective branch, and offer 10-month on and off ice programming coinciding with the school year.

Since its inception, the CSSHL has seen:

- **1,828** students have or currently play Junior A Canada
- **713** students have or currently play in the Canadian Hockey League (QMJHL, OHL & WHL)
- **397** students have or currently play UA College Hockey (men & women)
- **233** students have or currently play Canadian College Hockey (men & women)
- **127** students selected at the NHL draft
- **41** students have or currently play in the NHL
- **11** students have or currently play in the PWHL
- **88** students have or currently play in the AHL
- **58** students have or currently play in the ECHL
- **668** CSSHL students selected at the WHL draft since 2015
- **37** CSSHL students selected at the QMJHL draft since 2020
- **6** CSSHL students selected at the OHL draft since 2021
- **6** CSSHL students selected at the OHL draft since 2021



CSSHL

Canadian Sport School Hockey League

Is the CSSHL a strong league?

Since 2015, of the 755 CSSHL student-athletes selected at the WHL Prospects Draft, 387 (44%) have been selected in the first four rounds. 111 of the 218 players (56%) selected in the first round of the draft are from the CSSHL. The U18 Female Prep Division has produced 206+ NCAA scholarships and 196+ U-Sport scholarships. The CSSHL is recognized and organized under the 'Sport School' division of Hockey Canada and the provincial branches. It also has a multi-year partnership agreement with the WHL, through which information resources, best practices and advertising are shared and strengthened. In addition, HockeyTV streams games and showcase weekends online.

How do you travel?

Depending on the distance and the location, our teams travel via coach bus or by flying. This is a very similar experience/preparation for travel at the junior hockey/college/university levels and familiarizes our student-athletes with things such as time management, recovery and preparation.

When do you play and how many games do you play?

Our seasons run from September until March. We typically play on the weekends with a few games being played during the week. The CSSHL follows a showcase approach, so teams will travel and play 3-5 league games on a weekend. Our teams typically play between 50-65 games over the course of a full season.

How does that work with school?

There is constant communication between the coaches, teachers and student-athletes to ensure academic and athletic success. Study hall is a part of the daily schedule when teams are traveling. Teachers also provide online access to course materials for students. Our coaches and teachers are dedicated to ensuring our players are kept on track academically.





Do your players move on?

Since 2012, Edge Hockey has had 136 players drafted in the WHL Draft (setting a CSSHL record in 2024 with 16 selections). 37% of the players taken at the 2024 WHL Prospects Draft came from the CSSHL. The Edge U18 Prep program averages 18 players per year moving onto Junior A or WHL each season.

24 Mountaineers have been NHL draft picks or signees. Most recently, Terik Parascak (1st Round, 17th Overall), Charlie Elick (2nd Round, 36th Overall) and Eric Jamieson (6th Round, 177th Overall) were selected at the 2024 NHL Draft. Since 2013, our U18 Female Prep team has seen over 120 of their student-athletes go on to play post-secondary hockey across North America.

How do you promote your players?

Our student-athletes are highly scouted during our league play and teams also enter into exhibition tournaments across Canada and North America for further exposure. We also work to cultivate relationships with coaches, general managers, athletic directors, schools and teams across all levels of hockey. We have developed a large following on our Edge School Hockey Instagram page, with over 10,700 followers, where we promote our teams and players. Our school and programs are highly respected.

What happens after the season is finished?

The 10-Week Training Block runs from April until June and includes:

- Fitness testing
- Strength & conditioning
- Speed training
- Agility training
- Mobility training
- Multi-sport training
- Power skating
- On-ice skill development
- Off-ice skill development

What happens in the summer?

For an additional cost, student-athletes can choose to enroll in our summer training program that runs from July until the end of August. This summer training is an extension of the 10-Week Training Block which the athletes complete from April to June.

Can I wait until after the quadrant tryouts/evaluations and then give you an answer?

While late additions to our rosters do occur, by waiting until after quadrant tryouts/evaluations are over in the fall, you run a significant risk of missing out on the Edge School Hockey Program. We work hard during the off-season to scout and recruit players to join our program. We encourage our hockey players to train with us over the off-season and summer so that they are in peak physical condition for the upcoming challenge of a CSSHL season. Waiting to join our program will also impact the beginning of the school year. In certain cases, a new student-athlete joining the program could be 2-3 weeks late. This is not optimal for new students starting school in a new, sport school environment.



ONCE A MOUNTAINEER, ALWAYS A MOUNTAINEER

Male Alumni Includes

Jaret Anderson-Dolan	Thomas Hickey
Jake Bean	Akito Hirose
Jacob Bernard-Docker	Taro Hirose
Landon DuPont	Rieger Lorenz
Joe Colborne	Tyler Myers
Matt Dumba	Terik Parascak
Charlie Elick	Jake Sanderson

Female Alumnae Includes

Brooke Disher	Eden Murray
Brittany Fouraces	Kelly Murray
Karly Heffernan	Erika Sowchuk
Courtney Kollman	Makayla Watson
Jess Kondas	Sarah Wozniewicz
Eden Murray	

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