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# Mission

The South Alberta Hockey
Academy provides a world
class education-based hockey
experience that cultivates
integrity, leadership and
excellence. Students,
teachers, coaches and
performance professionals
collaborate to provide
academic and athletic
experiences that leverage
every student's strength.

# Vision

To be the global leader in education-based hockey.



#### Connect

Academy structures and traditions ensure that every student, staff and community member is known, cared for and their contributions are celebrated.

#### Challenge

Students and staff develop an internal drive and desire to overcome obstacles and maximize performance though personal responsibility, resilience and initiative.

#### Communicate

Words have tremendous power and ours will be characterized by mutual respect, belonging and community building. Students and staff will use communication skills to advocate for themselves, understand their communities and tackle their biggest challenges.

#### Care

Students and staff know how to care for their physical and mental health and support the well-being of others, fostering a safe environment.

#### Contribute

Students and staff are strengthened by acts of consequential service to others, actively ensure all belong and celebrate their communities.

#### Create

Students and staff strive for excellence by undertaking tasks that require perseverance, craftsmanship, imagination and selfdiscipline.



### **SAHA U17 & U18 RECRUITMENT**



#### Scan or click to view





Scan or click to view



#### SAHA PREP / CSSHL INFORMATION



### **SAHA BILLETING PROCESS**



#### Scan or click to view



## **SAHA INFORMATION**

### **HOME OF SAHA U17 AND U18 PREP**

Our U17 MALE along with both U18 MALE & FEMALE PREP TEAMS COMPETE IN THE CSSHL.

We are a Hockey Canada Accredited School that provides education-first programming for students while providing hockey programming as part of the student's life. Our full ten month integrated program allows for enhanced student development both on and off the ice.



Darren MacMillan
General Manager,
Governor, Principal



Reagan Weeks President, Governor, PRPS Superintendent



Willie Desjardins
Senior Advisor



Melody Davidson
Senior Advisor







## SAHA INFORMATION

The South Alberta Hockey Academy is a renowned institution that has been shaping young athletes into skilled and dedicated hockey players.

Located in the heart of Alberta, Canada, this academy offers a comprehensive program that focuses on both skill development and character building.

With top-notch coaches, state-of-the-art facilities, and a supportive environment, the academy provides a unique and unparalleled experience for aspiring hockey players.





## LOCATION

SOUTH EAST ALBERTA -The City of Medicine Hat is a thriving city of approximately 63,018 (2015 Municipal Census) a community alive with vibrancy and spirit few communities witness. The community enjoys the values that are intrinsically tied to its history and quality of life. Medicine Hat strives to achieve City Council's vision of being "a community of choice" where people come to live, work and play. The City has much to offer residents, visitors and businesses alike. The city boasts an excellent climate, a safe and healthy community, vibrant arts and entertainment, ample recreation and leisure opportunities. The city also hosts a Western Hockey League franchise called the Medicine Hat Tigers.

## **Eagle Butte High School**

EBHS serves the rural south east of Alberta surrounding Medicine Hat. Located in Dunmore, Alberta, 5 minutes east of Medicine Hat, EBHS accommodates approximately 500 students and has a staff of 45.



# FACILITY BIG MARBLE GO CENTRE



The Cenovus Arena includes two South Alberta Hockey Academy dressing rooms for the female and male U18 Prep hockey teams. The dressing rooms include individual stalls designed by our U18 staff. The U17 Prep team also has a designated room for the year. The Go Centre also contains multi-purpose rooms that are used as classrooms for students to engage and collaborate with teachers, educational assistants, coaches, and teammates.

Our training facilities are world class.

Completely accessible by the South Alberta Hockey Academy, the Big Marble sits on 57 acres and boasts the following amenities:

- Cenovus Arena 100' x 200' Olympic size ice rink
- 17,000 square foot Fitness Center, complete with 200 meter indoor running/walking track
- Flexible program rooms and classrooms
- Indoor Fieldhouse containing twin multi-sport indoor boarded fields
- Multi-purpose gymnasium capable of accommodating 2 full size basketball courts
- Kinsmen Aquatic Park
- The Methanex Bowl, a premier (lighted) synthetic turf field for football/soccer/rugby
- Three regulation size soccer pitches
- Four high quality ball diamonds
- Multi-Court Pickleball Facility







## PRAIRIE ROSE PUBLIC SCHOOLS

Players at the South Alberta Hockey Academy are equipped with the tools and knowledge needed to excel in the competitive world of hockey. Along with the physical training, the academy also emphasizes the importance of mental and emotional strength, fostering a winning mindset and instilling discipline and determination in their athletes.

Graduates of the South Alberta Hockey Academy have gone on to play at various levels, showcasing the academy's commitment to producing top-caliber players. Overall, the South Alberta Hockey Academy is a premier institution that offers a comprehensive hockey program designed to foster growth, skill development, and success in the world of hockey.

We are a public school and our division wide mission is to Ignite Minds, Kindle Hearts and Forge Futures – and that is precisely what we do at the South Alberta Hockey Academy

### **PRPS GOAL 1: IGNITE MINDS**

We will ignite minds by creating cultures of academic excellence.

## **PRPS GOAL 2: KINDLE HEARTS**

We will kindle hearts by prioritizing wellbeing, belonging, and service.

### **PRPS GOAL 3: FORGE FUTURES**

Futures will be forged by cultivating wonder and possibilities.

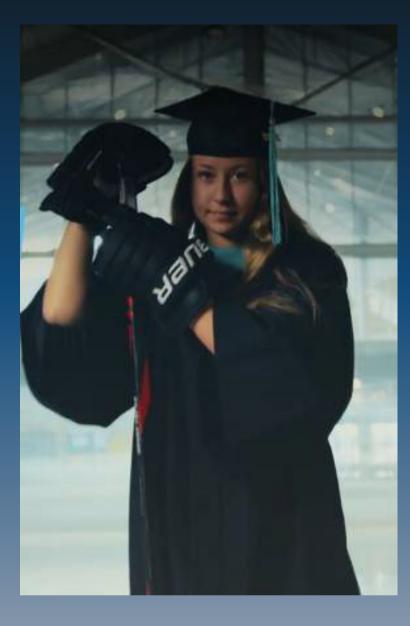




#Kindle Hearts SAHA



#Forge Futures





Our Prep female and male studentathletes are immersed in a unique
learning environment that is split
between the Big Marble Go Centre and
Eagle Butte High School. Being a
member of our Prep hockey program
includes enrollment in sports-based
academic courses that count towards
Alberta high school credits. These
courses are completed in the mornings
on Monday through Friday at the
BMGC. Our students spend afternoons
in-class at EBHS completing core
courses.

Eagle Butte High School is an accredited SAT writing center that currently offers test writing opportunities at the end of August and beginning of May.

Our hockey academy also has a collaborative relationship with both South Alberta High School and Coulee Collegiate which allows our student-athletes to complete high school courses online through distance learning. This collaboration allows our students to take additional classes and fast-track their graduation process. The South Alberta Hockey Academy has designated teachers and educational assistants that track and assist in the completion of these courses.

## DAILY RINK SCHEDULE 8:00AM | 12:00PM

Practice
Workouk
Mental Health and Wellness
Academic Ownership
Leaderships, Sport Psychology,
Nutrition, Communication
Athletic Cognition
Academic & Athletic Planning &
Goal Setting

# DAILY SCHOOL SCHEDULE

Period 4 - 12:45pm - 2:00pm

Period 5 - 2:05pm - 3:20pm

Period 6 - 3:30pm - 5:00pm (Mon-Thurs) \*1st semester only

## ACADEMIC STANDARDS

Our students' grades are monitored on a daily basis by our education staff. We strive for excellence and believe that academics play an integral role in the future success of our student-athletes. If a student fails to meet expectations, there will be a discussion between the student and coach to determine the appropriate course of action. In addition to the monitoring of grades, we also monitor attendance. Classroom attendance is critical to the academic success of our student-athletes and is a mandatory requirement for all South Alberta Hockey Academy students.

# HIGH SCHOOL CREDITS EARNED

- >> 10 PE/Fitness Credits
- → 5 Leadership Credits
- → 2 Wellness Credits
- → 25 Core Credits at EBHS

# **Educational Support**

The demanding schedule for our student-athletes requires additional educational support. In addition to the support our students receive from the EBHS teachers and staff, we have developed a pool of resources and supports that allow our student-athletes to learn and excel in a comfortable and accommodating environment.

Our educational assistants monitor student grades and progress on a daily basis. This is important to the success of our student-athletes because of the busy schedule the CSSHL presents. This ensures the students do not fall behind in their studies and remain up-to-date on current lessons and assignments.

We have a teacher and an educational assistant that work with our studentathletes on a daily basis. The roles and responsibilities of our educational staff go beyond monitoring and tracking assignments. Our staff has been able to build relationships with our students and provide them with the time and resources to work, complete, and excel in their studies.

Many of our student-athletes wish to continue their hockey and academic careers through post secondary education. For that reason, we have developed a SAT preparation program that allows our students to excel on their SATs in preparation for NCAA hockey.



# Courses & Planning

The South Alberta Hockey Academy understands that school plays a pivotal role in the future success of our students whether as professionals or as athletes. In North America we are fortunate to have multiple post-secondary paths that allow student-athletes to obtain a degree while still competing at the highest level of hockey possible.

In collaboration with each individual student, we implement a roadmap that will prepare them for success and create additional opportunities at the collegiate level, whether this includes hockey or not. The South Alberta Hockey Academy has been fortunate to develop relationships with post-secondary institutions throughout North America which creates pathways and resources for our student-athletes to pursue their future ambitions.



## TIME MANAGEMENT TOOLS AND RESOURCES

Our student-athletes are provided with resources and guidance that will allow them to develop and optimize their time management proficiency. Whether moving on to junior hockey, college, or a professional career, time management is a sought after attribute that will allow individuals to succeed.

We have a number of staff that have taken similar paths that our student-athletes wish to follow and are able to pass on knowledge and experiences of time management and the benefits of developing it as a skill. We also incorporate time management into our athletic planning curriculum. This comes as an immediate benefit to our students as we focus on how to balance the priorities of a social life, hockey, and school.

In order to succeed in our program, students will be required to learn, develop, and implement their time management skills into their daily lives to meet the athletic and academic demands of the South Alberta Hockey Academy.



# RESIDENTIAL LIFE BILLET PROCESS

Our students who need room and board are billeted among a great group of local families. Our billets provide a safe and supportive environment that our student can call home. We have had great success through our billeting program and feel that it has been an integral part of our Academy. We have someone that facilitates the process and ensures that our students are placed in a home they will be comfortable with. This process includes an extensive screening process that ensures the family and student are the right fit for each other. Each billet family goes through a wide-ranging interview and reference check. The student is also asked a series of questions such as if they are okay living with children, pets, etc. This process ensures the student and his or her new billet family will be comfortable with one another.



We believe that living with a billet family is an opportunity for our student-athletes to learn important life skills that will allow them to succeed in their next stage of life. Although we expect our billet families to take excellent care of our student-athletes, we also expect them to encourage self-sufficiency and independence. Much of our Academy Leadership courses require our students to perform particular projects and tasks around the billet home in an effort to develop important life skills.

## SAHA PROGRAM COST

The cost for our full 10 month program is listed below. This includes academic tuition, participation in the hockey program, related hockey transfer fees, book costs, athletic clothing from the academy and team travel. Not included in your tuition are room and board, International Student fees and miscellaneous school fees.

## **TUITION FEES**

(All fees are in CDN funds)

2024 | 2025 SOUTH ALBERTA HOCKEY ACADEMY PROGRAM FEE IS \$24,610+GST

## CONTACT

SOUTH ALBERTA HOCKEY ACADEMY

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## STAY CONNECTED WITH US

