COST AND AMENITIES

The total cost of the Coeur d'Alene Hockey Academy Female U18 Prep team is \$8,000 USD, In addition, all players will be responsible for travel costs. As we finish up recruiting we are able to offer VERY sizeable Athletic Scholarships to players with the ability to excel in our league.

The Amenities received with the total cost include:

- ★ Tournament Fees
- **★** Game Ice
- ★ Full Sheet Practice Ice
- ★ Game Jerseys (home and away)
- ★ Game Socks (home and away)
- ★ Practice Jersey
- **★** Practice Socks
- ***** Hockey Pant Covers
- ★ Helmet
- ★ Gloves
- ★ Bag
- ★ Workout Shorts
- ★ Workout Shirt
- ***** CDA Tracksuit
- ★ Free Skate Sharpening's
- ★ Private Locker Room
- ★ Full Access to Gym
- ★ Full Access to Classroom
- ★ Full Access to Skating Treadmill

CONTACT INFORMATION

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"My three years at the Academy have helped me to achieve my dream of playing College Hockey. Coming from a small association, I was nervous to make the switch, but I can now say that it was the best decision I have ever made in regard to my hockey career. I have grown as a person and a player in ways I never thought possible."

- Stokli Ashcraft



"Prior to the Academy, I had always played boys hockey. When I was contacted to play at the Academy I didn't see why it was necessary, but looking back after three of the best years of my life, I now know how crucial a decision it was in me playing College Hockey. I can not thank the Coaches enough for the key role they played in sculpting my future.

- Karya Dean



tace 'Em Up

JOIN

COEUR D'ALENE

FEMALE U18 PREP

www.cdahockeyacademy.com 3513 W Seltice Way Coeur d'Alene, ID 83814



COEUR D'ALENE HOCKEY ACADEMY FEMALE U18 PREP

OUR MISSION

PROGRAM OUTLINE

FACILITIES

Coeur d'Alene Hockey Academy is committed to excellence both academically and athletically, and to developing the personal growth of our Student Athletes. We stand together to serve and represent our Academy and Community with integrity and respect.

OUR LEAGUE: The CSSHL

League Mission Statement:

"To be National Leaders in Education-Based Hockey"

About:

In 2009, five like-minded Hockey Canada Sport Schools came together to launch the Canadian Sport School Hockey League. Their vision was to establish a league designed specifically for elite level student athletes, give these athletes an opportunity to increase their skills on and off the ice, and provide athletes with a high level of competition as well as exposure.

www.csshl.ca

The Female Midget Varsity team will play a total of 24 league games in the Canadian Sports School Hockey League in addition to playoffs. Outside of the league, we will be playing about 20 exhibition games to assure we play a minimum of 40 games. The exhibition games will include various teams within our region as well as a minimum of one to three tournaments in Central or Eastern United States, to assure maximum college exposure.

Practices will be held on a full sheet of ice Monday through Thursday at 1:15 PM PST.

To supplement the players on-ice training the Academy will be providing off ice amenities such as: strength and conditioning training, shooting and stickhandling skill work, video analysis, and other high intensity training including time on the skating treadmill.

The players will have the benefit of being constantly surrounded by the entire Coeur d'Alene Hockey Academy staff. Our staff is dedicated to developing and preparing young men and women for the next level of hockey.



The Coeur d'Alene Hockey Academy employs a fulltime strength and conditioning coach that trains athletes in our private facility. Our weight room sits inside our

10,000 sq. ft warehouse. In addition to weights we have a skills area, private classroom, skating treadmill, 40 yards of turf, and shooting stations.

The Female Midget Varsity team will have their own private locker room for the entire season allowing players to keep their gear in their own private stall 24/7. They will be the only team with

access to the locker room throughout the duration of the season.

